

Product Range



Product	Product Code	Product Description	USPs
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	BFL3400	BAKED EARTH° craft-baked flattreads Greek Style Wraps 95g 1 x 60 VEGAN	 Fully baked, round shaped wraps embedded with ancient grains (linseeds, sunflower seeds, millet, wheat flakes, oat flakes, barley flakes and crushed rye. Approx. 8" diam. each. Packed 10 x 6. Suitable for vegetarians and vegans. Approx. 253 kcal per wrap.
	BFL3401	BAKED EARTH° craft-balled fishtreads Turkish Style Wraps 100g 1 x 48 VEGAN	 Fully baked, round shaped wraps topped with brown and yellow linseeds and kalonji (black onion) seeds. Approx. 8" diam. each. Packed 8 x 6. Suitable for vegetarians and vegans. Approx. 262 kcal per wrap.
	BFL3512V	BAKED EARTH° Creft-balled flattreads' Round Plain Naan 50g 1 x 72 VEGAN	 Ready-baked, round-shaped naan bread with kalonji (black onion) seeds (approx. 4.5" diam. each). Packed 4 x 18. Suitable for vegetarians and vegans. Approx. 148 kcal per naan.
	BFL3513V	BAKED EARTH° craft-bated flattreads Round Garlic and Coriander Naan 50g 1 x 72 VEGAN	 Ready-baked, round-shaped naan bread with kalonji (black onion) seeds and a garlic and coriander coating (approx. 4.5" diam. each). Packed 4 x 18. Suitable for vegetarians and vegans. Approx. 140 kcal per naan.

BFL3519	Sub Rolls Semolina 8" (95g) 1 x 40	 Ready-baked, ready-sliced white deli sub roll topped with semolina. Packed 5 x 8. Suitable for vegetarians and vegans. Approx. 327 kcal per roll.
BFL3520	VEGAN By Soft Washer at the Martin of the M	 Ready-baked, ready-sliced white deli sub roll topped with semolina. Packed 6 x 5. Suitable for vegetarians and vegans. Approx. 504 kcal per roll.
Gegan BFL3528	Sub Rolls White 11.5" (150g) 1 x 30 VEGAN	 Ready-baked, ready-sliced white deli sub roll. Packed 6 x 5. Suitable for vegetarians and vegans. Approx. 455 kcal per roll.
Gegan BFL3644V	BAKED EARTH° craft-balled flathreads Large Oval Flatbreads 163g 1 x 24 VEGAN	 Ready-baked, large oval-shaped flatbread, ideal for sharing or use as the base for a 'posh' pizza (approx. 10.5" x 8.5" each). Packed 6 x 4. Suitable for vegetarians and vegans. Approx. 523 kcal per flatbread.
BFL3645V	BAKED EARTH° Single Serve Flatbreads 80g 1 x 30	 Ready-baked, rectangular-shaped plain flatbread ideal for sharing or use as the base of a 'posh' pizza (approx. 7" x 5" each). Packed 6 x 5. Suitable for vegetarians and vegans. Approx. 269 kcal per flatbread.

BFL3648V	BAKED EARTH° craft-baled flattereds Rectangular Folded Flatbreads 125g 1 x 32 VEGAN	 Ready-baked and folded rectangular naan flatbread with kalonji (black onion) seeds for flavour and visual appeal (approx. 10" x 5" each). Packed 2 x 16. Suitable for vegetarians and vegans. Approx. 356 kcal per flatbread.
Gegan BFL3686	BAKED EARTH° craft-balled flathereads Chapatti 60g (6") 1 x 96 VEGAN	 Ready-baked, round-shaped, traditional chapatti / roti. Packed 24 x 4. Suitable for vegetarians and vegans. Approx. 175 kcal per chapatti.
BFL3687	BAKED EARTH° Craft-balled fishereads Garlic and Herb Dough Balls 1 x 120 VEGAN	 Fully baked, golden brown, round-shaped dough balls coated with garlic and chopped parsley. Approx. 15g each. Packed 3 x 40. Suitable for vegetarians and vegans. Approx. 48 kcal per dough ball.
BFL3709V	BAKED EARTH° craft-baked flathreads Oval Sourdough Wraps 120g 1 x 24 VEGAN	 Ready-baked, oval-shaped wrap made with a unique sourdough recipe to create a characteristically bubbly surface. Approx. 10" x 9" each. Packed 6 x 4. Suitable for vegetarians and vegans. Approx. 385 kcal per wrap.
Gegan BFL3748	BAKED EARTH° contrabled finterests White Pitta Breads 60g 1 x 72 VEGAN	 Fully baked, oval-shaped, white pitta bread. Packed 12 x 6. Suitable for vegetarians and vegans. Approx. 142 kcal per pitta.

Gegan BFL3749	BAKED EARTH° Craft-balled flathreads Wholemeal Pitta Breads 60g 1 x 72 VEGAN	 Fully baked, oval-shaped, wholemeal pitta bread. Packed 12 x 6. Suitable for vegetarians and vegans. Approx. 143 kcal per pitta.
Gegan BFL5190V	BAKED EARTH Mini Round Garlic and Coriander Naan 35g 1 x 80	 Ready-baked, round-shaped mini naan bread with kalonji (black onion) seeds and a garlic and coriander coating for extra flavour (approx. 3.5" - 4" diam. each). Packed 4 x 20. Suitable for vegetarians and vegans. Approx. 103 kcal per naan.
Wegan BFL5270V	BAKED EARTH° Craft-baked flathreads Mini Tear Drop Naan 65g 1 x 40 VEGAN	 Fully baked, teardrop-shaped naan bread with kalonji (black onion) seeds. Approx. 6.5" long x 5.5" wide each. Packed 8 x 5. Suitable for vegetarians and vegans. Approx. 192 kcal per naan.
Gegan BFL5271V	BAKED EARTH° craft below fishtreads Mini Tear Drop Naan 75g 1 x 24 VEGAN	 Ready-baked, teardrop-shaped naan bread with kalonji (black onion) seeds (approx. 75g / 7.5" x 5.5" each). Suitable for vegetarians and vegans. Approx. 206 kcal per naan.
Gegan BFL5272V	BAKED EARTH° Large Folded Naan Bread 1 x 24	 Ready-baked and folded, oval-shaped naan flatbread with kalonji (black onion) seeds (approx. 80g/8" long x 6.5" wide each). Suitable for vegetarians and vegans. Approx. 231 kcal per naan.

BFL5273V	BAKED EARTH° craft-balouf flathreads Large Garlic and Coriander Naan 130g 1 x 24 VEGAN	 Ready-baked, teardrop-shaped naan bread with kalonji (black onion seeds) and a garlic and coriander coating (approx. 10.5" long x 6.5" wide each). Packed 4 x 6. Suitable for vegetarians and vegans. Approx. 355 kcal per naan.
Wegan BFL5275V	BAKED EARTH° Craft-baked flathreads Large Plain Naan 130g 1 x 24 VEGAN	 Ready-baked, teardrop-shaped naan bread with kalonji (black onion) seeds (approx. 130g/10.5" long x 6.5" wide each). Suitable for vegetarians and vegans. Approx. 360 kcal per naan.
C01001	KaterBake Baked Crumpets 48g 1 x 72 VEGAN	 Ready-baked, traditional English crumpet. Packed 9 x 8. Suitable for vegetarians and vegans. Defrosted shelf-life = 3 days (unopened). Approx. 88 kcal per crumpet.
CC11192	Buttermilk Pancakes 32g 1 x 120 VEGETARIAN	 American-style pancake made with buttermilk, with a "fluffy", sponge texture: ideal for desserts, snacks or US style breakfasts. Packed 24 x 5. Made with British Lion free-range eggs. Suitable for vegetarians. Approx. 76 kcal per pancake.
CC11240	Butter Crêpes 30cm (50g) 1 x 100 VEGETARIAN	 Thin, traditional, French-style butter crêpes. Made with free range British Lion eggs. Packed 4 x 25. Suitable for vegetarians. Approx. 78 kcal per crepe.

CC11621	Vegan American Pancakes Reduced Sugar 40g 1 x 120 VEGAN	 American-style, light, fluffy pancake made with reduced sugar and to a vegan recipe. Contains approx. 64% less sugar than our standard vegan Americanstyle pancakes. Packed 24 x 5. Suitable for vegetarians and vegans. Defrosted shelf-life = 2 days (chilled). Approx. 77 kcal per pancake.
CC11627	American Style Pancakes 40g 1 x 120 VEGETARIAN	 American-style pancake with a "fluffy", sponge texture and light vanilla flavour, ideal for desserts, snacks or US style breakfasts. Made with British Lion free-range eggs. Packed 24 x 5. Suitable for vegetarians. Approx. 95 kcal per pancake.
CC11628	Vegan American Style Pancakes 40g 1 x 120 VEGAN	 American-style pancake made to a vegan recipe, with a "fluffy" sponge texture and light vanilla flavour. Packed 24 x 5. Suitable for vegetarians and vegans. Defrosted shelf-life = 2 days. Approx. 84 kcal per pancake.
CC11638	Vegan Blini 2" (8.5g) 1 x 240 VEGAN	 Mini, Russian-style savoury pancakes made to a vegan recipe. Ideal for canapés, party food, starters, tapas, breakfasts etc. Suitable for vegetarians and vegans. Approx. 14 kcal per blini.
KB08668A	Plain Iced Twisted Yum Yums 75g 1 x 40 VEGETARIAN	 Ready-baked, hand-twisted, sweet finger doughnut topped with a light sugar glaze (5.88%). Packed 4 x 10. Suitable for vegetarians. Defrosted shelf-life = 2 days (ambient). Approx. 329 kcal per yum yum.

	7/12/27	
KB10WRAP-A	Gluten Free Wraps 10.5" (55g) 1 x 72 GLUTEN FREE VEGAN	 Soft, flexible, plain gluten-free wrap (approx. 10.5" diam. each). High in fibre. Packed 12 x 6. Suitable for vegetarians, vegans and coeliacs. Defrosted shelf-life = 2 days (ambient). Approx. 106 kcal per wrap.
KB12040	American Style Pancakes (40g) 1 x 120 VEGETARIAN	 Ready-baked, round, sweet, soft vanilla flavoured American-style pancakes. IQF for convenience and to reduce wastage. Suitable for vegetarians. Defrosted shelf-life = 48 hrs (chilled). Approx. 116 kcal per pancake.
KB1678	Sugared Donuts 55g 1 x 33 VEGETARIAN	 Large, ring-shaped, cake-style donut, sprinkled with sugar (5%). Packed 3 x 11. Suitable for vegetarians. Approx. 202 kcal per donut.
KB1679	Chocolate Iced Donuts 60g 1 x 33	 Ring-shaped, cake-style donut, topped with chocolate-flavoured icing (13%). Packed 3 x 11. Suitable for vegetarians. Approx. 257 kcal per donut.
KB1699	XaterBake Mini Sugared Donuts 13.5g 1 x 200 VEGETARIAN	 Mini, ring-shaped, cake-style donut sprinkled with sugar (7%). Packed 4 x 50. Suitable for vegetarians. Approx. 54 kcal per donut.

KB1700	Mini Chocolate Iced Donuts 14.5g 1 x 200	 Mini, ring-shaped, cake-style donut topped with chocolate flavoured icing (13%). Packed 4 x 50. Suitable for vegetarians. Approx. 58 kcal per donut.
KB2090V	RaterBake Belgian Plain Waffles 90g 1 x 20 VEGAN	 Individually wrapped. Liège Belgian waffle made with traditional pearl sugar, which caramelises on heating for a richer, sweeter flavour. Serve at room temperature or serve warm with cream, ice-cream and/or fruit and chocolate sauce. Suitable for vegetarians and vegans. Defrosted shelf-life = 45 days (wrapped). Approx. 399 kcal per waffle.
KB2151A	Luxury Baked Sourdough Crumpets 55g 1 x 36	 Luxury, ready-baked sourdough crumpets. Packed 6 x 6. Suitable for vegetarians and vegans. Defrosted shelf-life = 3 days (unopened). Approx. 102 kcal per crumpet.
KB7508	KaterBake Lebanese Flatbreads 8" (65g) 1 x 140 VEGAN	 Traditional, round-shaped flatbread (khobez), ideal for use as an alternative sandwich carrier or warm and serve as an accompaniment. Packed 28 x 5. Suitable for vegetarians and vegans. Halal approved. Defrosted shelf-life = 3 days (unopened). Approx. 140 kcal per flatbread.

KB7510	Lebanese Flatbreads 10" (72g) 1 x 125 VEGAN	 Traditional, round-shaped flatbread (khobez), ideal for use as an alternative sandwich carrier, posh pizza base or warm and serve as an accompaniment. Packed 25 x 5. Suitable for vegetarians and vegans. Halal approved. Defrosted shelf-life = 3 days (unopened). Approx. 156 kcal per flatbread.
KB7512	Lebanese Flatbread 12" (116g) 1 x 100 VEGAN	 Traditional, round-shaped flatbread (khobez), ideal for use as an alternative sandwich carrier, posh pizza base or warm and serve as an accompaniment. Packed 20 x 5. Suitable for vegetarians and vegans. Halal approved. Defrosted shelf-life = 3 days (unopened). Approx. 251 kcal per flatbread.
KBBB10030	RaterBake Bao (Hirata) Buns 30g 2 x 50 VEGAN	 Ready to fill, traditional, soft and pillowy Asian steamed buns, usually served warm filled with slow-cooked meat or veg, crunchy salad and sticky sauce. Can also be served with sweet fillings. Suitable for vegetarians and vegans. Approx. 85 kcal per bun.
KBGFMSD	Gluten-free Midi Sugared Donuts 32.5g 1 x 36 GLUTEN FREE VEGETARIAN	 Gluten-free, cake-style ring doughnut lightly dusted with sugar (5%). Packed 6 x 6. Suitable for vegetarians and coeliacs. Approx. 127 kcal per donut.
PLC6106	Mini Irish Soda Breads - Mixed Box 1 x 72	 A mixed case of mini, traditional, yeast-free Irish soda breads, x24 of each variety per case (approx. 45-65g each): Buttermilk wheaten White Healthy seeded Defrosted shelf-life = 3 days. Suitable for vegetarians. Approx. 236 kcal per 100g.

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SOMETHING COMING SOON	,

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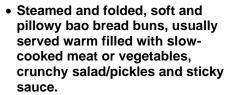




Bao (Hirata) Buns 50g

2 x 30 (case splitable)

VEGAN



- Can also be served with sweet fillings.
- Suitable for vegetarians and vegans.
- Approx. 141 kcal per bun.



WLC0669



Gluten-free Breakfast Muffins 84g

1 x 8

GLUTEN FREE VEGETARIAN

- Individually wrapped.
- Sweet muffin with dried fruit and cinnamon, topped with oats and seeds.
- Wheat, gluten and milk-free.
- Suitable for vegetarians and coeliacs.
- Defrosted shelf-life = 28 days.
- Approx. 335 kcal per muffin.

Pizza Ready-to-bake, round-shaped pizza, topped with tomato sauce and a Cheese and blend of real, shredded mozzarella **Tomato Pizzas** and Cheddar cheeses (22%). CF5005 5" (115g) • Individually flow-wrapped. • Suitable for vegetarians. 1 x 30 • Approx. 300 kcal per pizza. **VEGETARIAN** • Ready-to-bake, rectangular-shaped pizza topped with tomato sauce and Cheese and a blend of real, shredded **Tomato Pizza** mozzarella and Cheddar cheeses **CF527** Caterslabs (22%). • Individually flow-wrapped. 7" x 9" (485g) Suitable for vegetarians. • Approx. 1397 kcal per pizza slab. 1 x 6 **VEGETARIAN**

CF71104	Cheese and Tomato Pizzas 18cm (205g) 1 x 18	 Ready-to-bake, round-shaped pizza (with added wholemeal), topped with seasoned tomato sauce, a blend of shredded mozzarella and Cheddar cheeses (16%) and tomatoes. Individually flow-wrapped. Suitable for vegetarians. Approx. 476 kcal per pizza.
CFHC5005	Cheese and Tomato Wholemeal Pizzas 5" (118g) 1 x 30	 Ready-to-bake, round-shaped pizza (with added wholemeal), topped with tomato sauce and a blend of real shredded mozzarella and Cheddar cheeses (21%). Individually flow-wrapped. Suitable for vegetarians. Approx. 322 kcal per pizza.
CFHC526	Cheese and Tomato Wholemeal Pizza Slabs 15" x 9" (810g) 1 x 6 VEGETARIAN	 Ready-to-bake, soft, slab-shaped pizza (with added wholemeal), topped with tomato sauce and a blend of real, shredded mozzarella and Cheddar cheeses (21%). Individually flow-wrapped. Suitable for vegetarians. Approx. 2009 kcal per slab.
CFLF5005	Cheese and Tomato Pizzas 5" (118g) 1 x 30 VEGETARIAN	 Ready-to-bake, round-shaped pizza topped with tomato sauce and a blend of real shredded mozzarella and Cheddar cheeses (21%). Individually flow-wrapped. This pizza is lower in fat than our standard Cheese and Tomato Pizza. Suitable for vegetarians. Approx. 309 kcal per pizza.
CFLF523	Deep Pan Cheese and Tomato Pizzas 12" (663g) 1 x 7 VEGETARIAN	 Ready-to-bake, round-shaped deep pan pizza topped with tomato sauce and a blend of real, shredded mozzarella and Cheddar cheeses (21%). Individually flow-wrapped. This pizza is lower in fat than our standard Deep Pan Cheese and Tomato pizza. Suitable for vegetarians. Approx. 1664 kcal per pizza.

CFLF526	Cheese and Tomato Deep Pizza Slabs 15" x 9" (810g) 1 x 6	 Ready-to-bake, soft, slab-shaped pizza topped with tomato sauce and a blend of real, shredded mozzarella and Cheddar cheeses (21%). Individually flow-wrapped. This pizza is lower in fat than our standard Cheese and Tomato Deep Pizza Slab. Suitable for vegetarians.
	VEGETARIAN	Approx. 2009 kcal per pizza.
GS958357A	Italian Twists Margherita 175g 1 x 28 VEGETARIAN	 Ready-cooked, twisted pizza dough snack filled with a tomato and mozzarella sauce. Can be served in free branded paper sleeves supplied in case. Microwave or oven reheat from frozen. Suitable for vegetarians. Approx. 382 kcal per twist.
GS958358A	Italian Twists Pepperoni 175g 1 x 28	 Ready-cooked, twisted pizza dough snack filled with a tomato, mozzarella and pepperoni sauce. Can be served in free branded paper sleeves supplied in case. Microwave or oven reheat from frozen. Approx. 396 kcal per twist.
Wegan KB14393	NaterBake Plain Pizza Bases 14" (480g) 1 x 16 VEGAN	 Soft and fluffy 14" diameter pizza base made with wheat flour. Low fat (0.8g per 100g). Low salt (0.11g per 100g). No added sugar. Packed 2 x 8. Suitable for vegetarians and vegans. Approx. 1258 kcal per base.
KB20812	KaterBake Plain Pizza Bases 12" (410g) 1 x 10 VEGAN	 Soft and fluffy 12" diameter pizza base made with wheat flour. Low fat (0.8g per 100g). Low salt (0.11g per 100g). No added sugar. Packed 2 x 5. Suitable for vegetarians and vegans. Approx. 1082 kcal per base.

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Gegan KB20814	NaterBake Plain Pizza Bases 9" (140g) 1 x 30 VEGAN	 Thin and crispy 9" diameter pizza base made with wheat flour. Low fat (0.9g per 100g). Low salt (0.12g per 100g). No added sugar. Packed 3 x 10. Suitable for vegetarians and vegans. Approx. 402 kcal per base.
Gegan KB20828	NaterBake Plain Pizza Bases 12" (230g) 1 x 16 VEGAN	 Thin and crispy 12" diameter pizza base made with wheat flour. Low fat (0.9g per 100g). Low salt (0.11g per 100g). No added sugar. Packed 2 x 8. Suitable for vegetarians and vegans. Approx. 628 kcal per base.
KBLF526C	RaterBake Plain Pizza Bases 15" x 9" (510g) 1 x 9 VEGAN	 Soft and fluffy rectangular pizza base made with wheat flour. Low fat (0.8g per 100g). Low salt (0.11g per 100g). No added sugar. Suitable for vegetarians and vegans. Approx. 1331 kcal per base.
TWRC10A	White rabbit Gluten-free Vegan Nudie Pizza Bases 10" 1 x 15 GLUTEN FREE VEGAN	 Individually wrapped. Gluten-free, vegan, stone baked pizza bases ready for topping as required. Approx. 225g each. Suitable for vegetarians, vegans and coeliacs. Approx. 558 kcal per base.
TWRC12A	White rabbit Gluten-free Vegan Nudie Pizza Bases 12" 1 x 15 GLUTEN FREE VEGAN	 Individually wrapped. Gluten-free, vegan, stone baked pizza bases ready for topping as required. Approx. 280g each. Suitable for vegetarians, vegans and coeliacs. Approx. 694 kcal per base

Buffet Items				
	AJE002	Duck Gyoza 20g 10 x 30 (case splitable)	 Half-moon shaped Japanese-style dumplings with a duck, vegetable and hoisin sauce filling. Approx. 30 kcal per gyoza. 	
	AJE004	Chicken and Veg Gyoza 20g 10 x 30 (case splitable)	 Half-moon shaped Japanese-style dumplings with a chicken, vegetable and soy sauce filling. Approx. 37 kcal per gyoza. 	
	AJE007	Apple Gyoza 20g 12 x 20 (case splitable)	 Half-moon shaped sweet Japanese-style dumplings with an apple and vanilla filling. Suitable for vegetarians and vegans. Approx. 27 kcal per gyoza. 	
	AJE009	Prawn Gyoza 20g 10 x 30 (case splitable)	 Half-moon shaped Japanese-style dumplings tinged with beetroot, with a prawn, vegetable and mushroom filling. Approx. 32 kcal per gyoza. 	
	AJE014E	Vegetable Green Gyoza 20g 10 x 30 (case splitable) VEGAN	 Half-moon shaped Japanese-style dumplings with a vegetable and soy sauce filling and spinach coloured dumpling pastry. Suitable for vegetarians and vegans. Approx. 29 kcal per gyoza. 	
	DF91010	Spiceoflife Onion Bhaji 35g 1 x 80 VEGAN	 Golden brown, hand-made, irregular-shaped, mildly spiced onion bhaji. Suitable for vegetarians and vegans. Approx. 69 kcal per bhaji. 	

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DF91060	Mini Vegetable Samosa 23g 1 x 100 VEGETARIAN	 Ready-cooked, poppy-seed pastry triangle, filled with moist, mild, Indian-spiced vegetables. Suitable for vegetarians. Approx. 58 kcal per serving.
DF91092-A	Spring Roll Selection 25g 1 x 45	 Mixed selection of crisp, pastry spring rolls: Approx. 69 kcal per roll. Thai Vegetable x 15 Duck x 15 Chicken x 15 Approx. 69 kcal per roll.
DF91180	Indian Vegetable Snack Selection 1 x 60 VEGETARIAN	 Mixed pack of 3 different, mildly spiced, Indian style vegetable based snacks, 20 of each: Onion bhaji Vegetable pakora Vegetable samosa Approx. 20-30g each. Suitable for vegetarians. Approx. 216 kcal per 100g.
FDCAN07	Smoked Salmon Cream Cheese Bagels 22g	 Delicious mini bagels, generously filled with cream cheese and a roll of smoked salmon. Approx. 58 kcal per serving.
FDCAN100	Mini Quiche Selection 21g 1 x 48	Ready-baked mini quiches, made with British free-range eggs and mature Cheddar, baked in shortcrust pastry; 12 of each: Tomato and basil Cheese, onion and chive Mushroom and cheddar Stilton and broccoli Serve hot or thaw and serve cold. Suitable for vegetarians. Approx. 61 kcal per serving.
FDCAN101	Frank Dale Mini Pie Selection 26g 1 x 48	 Ready-baked mini pies in golden shortcrust pastry, each with a puff pastry lid; 24 of each: British beef and ale, topped with black pepper British chicken and tarragon, topped with parsley Approx. 96 kcal per serving.

FDCAN124B	Frank Dale Mini Cake Selection 18g 1 x 48 VEGETARIAN	Selection of mini, traditional British cakes, 12 of each variety per case: Carrot Coffee Blueberry and white chocolate Raspberry and vanilla Suitable for vegetarians. Approx. 62 kcal per cake.
FDCAN180	Cheese and Bacon Bites 1 x 48	 Ready-to-bake mini frittata bites made with British free-range eggs, mature Cheddar and smoked bacon (approx. 16g each). Approx. 32 kcal per bite.
FDCAN24	Cheeseburger Crostini 1 x 45	 Ready-to-bake mini baguette slices topped with tangy tomato relish and a juicy, British beef patty, all finished with a mature Cheddar and chive sauce. Approx. 59 kcal per crostini.
FDCAN32	Frank Dale Mini Cottage Pies 1 x 48	 Ready-to-bake mini shortcrust pastry cases filled with lean, British minced beef in a rich gravy, topped with carrot, cheese and chive potato mash. Approx. 65 kcal per pie.
FDCAN38	Yorkshire Pudgings Beef and Horseradish 13g 1 x 48	 Light, mini Yorkshire puddings made with British free-range eggs, filled with tasty, British minced beef topped with a traditional horseradish cream sauce, all sprinkled with parsley. Approx. 29 kcal per pudding.
FDCAN45	Frank Dale Mini Strawberry and Cream Scones 26g 1 x 48 VEGETARIAN	 Light, crumbly mini scones topped with strawberry jam, a rosette of whipped, fresh double cream and a slice of fresh strawberry. Suitable for vegetarians. Approx. 72 kcal per scone.

FDCAN51	Frank Dale Mini Victoria Sponges 18g 1 x 48 VEGETARIAN	 Bite-sized Victoria sponge cakes filled with home-made raspberry compôte and fresh double cream, all dusted with icing sugar. Suitable for vegetarians. Approx. 70 kcal per sponge.
FDCAN53	Mini Black Forests 1 x 48	 Mini, rich chocolate sponge cakes topped with a fresh, double cream swirl and home-made sour cherry compôte, all sprinkled with dark chocolate shavings. Approx. 16g each. Suitable for vegetarians. Approx. 57 kcal per black forest.
FDCAN88	Frank Dale Mini Quiche Selection 21g 1 x 96	Mixed selection of traditional mini quiches made with British eggs and flour, baked in our in-house golden shortcrust pastry (approx. 21g / 4.5cm diam. each): Sun-dried tomato and basil Cheese, onion and chive Classic Lorraine (British cheese and bacon) Salmon and dill (Scottish salmon) Palm from a sustainable source, RSPO certificate no. BMT-RSPO-000578. Approx. 64 kcal per quiche.
FDMQ102	Vibrant Mini Quiche Selection 21g 1 x 48	 Ready-baked selection of mini quiches in colourful, vegetable flavoured shortcrust pastry. Made with British free-range eggs. 24 of each flavour: Cheddar with onion and chive in beetroot pastry Spinach and red pepper with Greek feta in spinach pastry Serve hot or thaw and serve cold. Suitable for vegetarians. Approx. 71 kcal per quiche.

FDMQ103	Plant Based Mini Quiche Selection 21g 1 x 48	 Ready-baked selection of plant-based mini quiches encased in parsley-flecked shortcrust pastry. 24 of each flavour: Pea, broccoli and mint Tomato, red pepper and basil Serve hot or thaw and serve cold. Suitable for vegetarians and vegans. Defrosted shelf-life = 3 days (chilled). Approx. 62 kcal per quiche.
FDQP05	Frank Dale Classic Lorraine Pickups 50g 1 x 24	 Ready-baked, pre-cut, 11" diameter classic Lorraine quiche, made with British free-range eggs, mature Cheddar and smoked Suffolk bacon lardons and slices, baked in our inhouse golden shortcrust pastry. May be served hot or thaw and serve cold. Approx. 125 kcal per pickup.
FDQP06	Brie, Sun-dried Tomato Pickups 50g 1 x 24 VEGETARIAN	 Ready-baked, pre-cut, 11" diameter quiche made with British free-range eggs, brie, diced sun-dried tomatoes, onion and thyme, all topped with brie slices and encased in shortcrust pastry. May be served hot or thaw and serve cold. Suitable for vegetarians. Approx. 131 kcal per pickup.
FDQP07	Stilton and Broccoli Pickups 50g 1 x 24 VEGETARIAN	 Ready-baked, pre-cut, 11" diameter quiche, made with British freerange eggs, broccoli florets, crumbled blue Stilton, mature Cheddar and onion, all topped with more fresh broccoli florets and baked in shortcrust pastry. May be served hot or thaw and serve cold. Suitable for vegetarians. Approx. 117 kcal per pickup.
FDQP13	Cheese, Onion and Chive Pickups 50g 1 x 24 VEGETARIAN	 Ready-baked, pre-cut, 11" diameter quiche made with British free-range eggs, mature Cheddar cheese and onion, topped with onion and chives and encased in shortcrust pastry. May be served hot or thaw and serve cold. Suitable for vegetarians. Approx. 129 kcal per pickup.

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	KBJFBB40	Menuserve Bao Buns Hoisin Jackfruit 40g 2 x 40 VEGAN	 Round pleated steamed buns with a hoisin flavoured jackfruit and vegetable filling. For best results, steam reheat. Suitable for vegetarians and vegans. Defrosted shelf-life = 24 hrs (chilled). Approx. 85 kcal per bun.
	KV2522	Gluten-free Vegan Moroccan Style Cauliflower Bites 3kg 1 x 1 GLUTEN FREE VEGAN	 Cauliflower florets coated in gluten-free and vegan Moroccan-style spiced quinoa breadcrumbs. Florets will range in size/weight from approx. 15-35g each. Suitable for vegetarians, vegans and coeliacs. Approx. 189 kcal per 100g.
	MSGFAPSS	Gluten-free Veg Asian Prawn Snack Selection 2 x 48 GLUTEN FREE VEGAN	 Mixed case of gluten-free and vegan Asian-style prawns made with young jackfruit, vegetables and Asian spices (approx. 15g each): Breaded Tempura Filo 32 x each variety per case. Suitable for vegetarians, vegans and coeliacs. Approx. 47 kcal per prawn.
	MSGFISS	Gluten-free Vegan Indian Snack Selection 20g 1 x 60 GLUTEN FREE VEGAN	Mixed pack of hand-made gluten-free and vegan Indian savoury pastry snacks, 20 of each: Onion bhaji Vegetable pakoras Vegetable samosas Suitable for vegetarians, vegans and coeliacs. Approx. 38 kcal per snack.

PF173628	Mini Mixed Party Pack 1 x 65	Selection of popular, mini-sized party snacks: 20 Uncured pork pies 15 Puff pastry sausage rolls 15 Chicken kievs 15 Savoury eggs (pork sausage meat with an egg mayonnaise filling, all covered in breadcrumbs). Defrost and serve or reheat to serve warm (except pork pies). Approx. 327 kcal per 100g.
PF6012428	Savoury Buffet Mini Eggs 18g 1 x 80	 Lightly seasoned, chopped sausage meat shaped into balls, filled with creamy egg mayonnaise, all coated in light, crunchy, golden breadcrumbs (approx. diameter 3-4cm/18g each). Defrost and serve or reheat from frozen to serve warm. Approx. 51 kcal per egg.
PF6027371	Buffet Pork Pies 65g 1 x 24	 Traditional, buffet sized, hot water pastry pie with a seasoned, uncured pork filling. Ready to eat from defrost. Packed 6 x 4. Defrosted shelf-life = 2 days (chilled). Approx. 237 kcal per pie.
PF6029097	Mini Chicken Kievs 18g 1 x 60	 Ready-to-eat mini kievs made with seasoned and chopped British chicken, filled with garlic sauce made with British butter, all coated in crispy breadcrumbs. Packed 4 x 15. Can be eaten hot or cold. Approx. 56 kcal per kiev.
TP46886453	Tipiak Traditional Chicago Style Canapés 1 x 48	Thaw 'n' serve canapés, 6 each of 8 varieties: Mandarin and prune with smoked duck on white bread Artichoke and tomato on white bread Prawn, basil-flavoured cheese and tomato mini brioche Blue cheese (fourme d'Ambert), pear and fig on special grain bread Trout roe, smoked trout and cucumber on black bread Vegetables on Nordic bread Ham and fig butter on olive bread Smoked salmon, lemon-flavoured cheese and cucumber mini brioche Approx. 22 kcal per canapé.

TP5039	Luxury Temptation Canapés 1 x 45	Assorted canapés, 5 each of 9 varieties; Blin sandwich with cream cheese, smoked salmon and lemon Cream cheese with basil and prawn on spinach bread Cream cheese with horseradish and crayfish on lemon basil cake Bresaola and cheese with mustard, honey and sesame seeds on granary bread Semi dried cherry tomato, goat's cheese and pecan nut on walnut bread Courgette, mini cheese and ham roll and red pepper on tomato bread Comte cheese, semi dried apricot and almond poppy seed profiterole Crab, cucumber and trout roe poppy seed profiterole Fig, brie and pea semolina on spiced bread Approx. 29 kcal per canapé.
TP5054	Vegan Cocktail Selection 1 x 36	Selection of 7 different vegan canapés: Cucumber hummus on courgette shortbread x5 Almond cream and edamame bean on pea and mint muffins x5 Carrot, lemon and ginger mousseline mini tarts x5 Falafel bites topped with sesame seeds x5 Sun-dried cherry tomato and olive tapenade on curry polenta cubes x5 Piquillo and sweet pepper tomato tarts x5 Guacamole and almond on walnut crackers x6 Suitable for vegetarians and vegans. Approx. 31 kcal per canapé.

		.25	
		Tiniak	Hand-finished selection of canapés, Page 16 7 registions
		ripiak	x9 each of 7 varieties: o Courgette and cherry tomato on
			polenta
			 Horseradish cheese and paprika
			on spinach bread
m 3 Brokens			 Goat's cheese with almonds and pistachios on profiterole
		Provençal Bistro	Aubergine, ewe's milk cheese
		Canapés	and almonds on fig and hazelnut
C C G C C	TP6556A	- Samuel Co	bread
on contract the property of the party of the			 Fromage frais with piquillo peppers and black olives on
		1 x 63	curry bread
3 404 202			 Tomato and basil cheese with
			grilled vegetables on walnut
			bread ○ Brie cheese cream with apple, fig
			and hazelnut on brioche
			Suitable for vegetarians.
		VEGETARIAN	Approx. 22 kcal per canapé.
6	TP8265A	Tipiak	Mini éclairs, made in-house; 6 of
入野 第一〇			each variety:
		Pop Eclairs 15g	 Raspberry and blackcurrant Lemon meringue
			Crème brûlée
			 ○ Chocolate orange
		1 x 24	Each éclair is 25% heavier than
			standard petits fours. • Suitable for vegetarians.
			Approx. 45 kcal per éclair.
		VEGETARIAN	
		(Tipiak)	Selection of hand-finished petits fours:
			o 10 x Crème brûlée choux
			○ 6 x Chocolate and feuilletine
AL .		Classic French	squares
	TP8286A	Petits Fours	5 x Raspberry tartlets6 x Mango and passion fruit
			squares
		1 x 38	○ 5 x Lemon tartlets
			6 x Chocolate squares (Opéras) Suitable for vegetarians
			Suitable for vegetarians.Approx. 37 kcal per petit four.
		VEGETARIAN	Telegraphic transfer bott tour

TP8375	French Chocolate Petits Fours 1 x 42	Traditional selection of chocolate based petits fours: Chocolate and raspberry cakes x 5 Hazelnut and chocolate fingers x 5 Caramel and chocolate tartlets x 5 Milk chocolate and coconut shortbreads x 6 Milk chocolate and tonka bean financiers x 5 Chocolate and hazelnut tartlets x 5 Chocolate, mascarpone and coffee squares x 5 Chocolate and feuilletine squares x 6 Suitable for vegetarians. Approx. 62 kcal per petit four.
	VEGETARIAN	<u> </u>
Centr	e-of-the-plate	
	Eat Well, Live Well.	
AJN002	Miso Ramen 350g 1 x 12 VEGAN	 Individual portions. Ready-cooked, turmeric flavoured noodles and miso broth with sweetcorn, edamame beans and julienne carrots. Serve as supplied or add your own additional ingredients for a bespoke recipe. Suitable for vegetarians and vegans Approx. 487 kcal per portion.
BA4006	Full Rack of BBQ Ribs 400-550g	 Ready-cooked and marinated full rack of tender, succulent pork ribs, coated in a thick, smoky, barbecue sauce. Defrosted shelf-life (chilled) = 7 days (sealed); 3 days (opened). Please note: this product is of natural proportion, sold by weight, and ribs will vary in size. Approx. 251 kcal per 100g.
ESCV832	Framptons Free Range Plain Omelettes 100g	 Ready-cooked, light, fluffy, folded half-moon shaped plain omelette. Made with British Lion free-range eggs.

FSCV832

• Suitable for vegetarians. • Approx. 176 kcal per omelette.

eggs.

1 x 24

VEGETARIAN

	T.	_
FSCV833	Framptons Free Range Cheese Omelettes 100g 1 x 24 VEGETARIAN	 Ready-cooked, light, fluffy, folded half-moon shaped omelette, blended with grated extra mature Cheddar cheese. Made with British Lion free-range eggs. Suitable for vegetarians. Approx. 184 kcal per omelette.
GFCSSPRA	Gluten-free Vegan Cajun Spiced Sweet Potato Roulades 195g 1 x 16 GLUTEN FREE VEGAN	 Individually wrapped portions. Gluten-free and vegan Cajun flavoured sweet potato roulade, filled with vegan cream 'cheeze' and a sweet and spicy red pepper and red onion Cajun flavoured chutney. Suitable for vegetarians, vegans and coeliacs. Approx. 345 kcal per roulade.
GFS029	Beetroot Falafels 1kg 2 x 1 (case splitable) GLUTEN FREE VEGAN	 Vibrant falafel balls made with chickpeas and beetroot, blended with lively spices and baked. Approx. 19g each. Kosher approved. Suitable for vegetarians, vegans and coeliacs. Defrosted shelf-life = 3 days (chilled). Approx. 36 kcal per falafel.
GFS030	Sweet Potato Falafels 1kg 2 x 1 (case splitable) GLUTEN FREE VEGAN	 Golden falafels made with sweet potato, chickpeas and red peppers, blended with Indian spices and baked. Approx. 19g each. Kosher approved. Suitable for vegetarians, vegans and coeliacs. Defrosted shelf-life = 3 days (chilled). Approx. 38 kcal per falafel.

GFS032	Authentic Moroccan Falafels 1kg 2 x 1 (case splitable) GLUTEN FREE VEGAN	 Fragrant falafels made with chickpeas, red peppers, apricots and dates, blended with Moroccan spices and baked (approx. 19g each). Defrost and serve, or for best results, serve warm. Kosher approved. Suitable for vegetarians, vegans and coeliacs. Defrosted shelf-life = 3 days (chilled). Approx. 43 kcal per falafel.
GS1512	Menuserve Half Rack of BBQ Ribs 200- 275g 1 x 12	 Ready-cooked and marinated half rack of tender, succulent pork ribs, coated in a thick, smoky, barbecue sauce. Defrosted shelf-life (chilled) = 7 days (sealed); 3 days (opened). Please note: this product is of natural proportion, sold by weight, and ribs will vary in size. Approx. 251 kcal per 100g.
GVFCKF170	Gilden Valley Chicken Kievs 170g 1 x 12	 Chopped and shaped chicken with a buttery garlic and parsley filling, coated in crispy, golden breadcrumbs. Approx. 389 kcal per kiev.
GVFGF04	Gluten-free Chicken Kievs 180-210g 1 x 10	 Juicy and tender kievs, portioned from 100% chicken breast fillet, filled with a real butter, garlic and parsley sauce, with a thin, crispy gluten-free breadcrumb coating. Suitable for coeliacs. Please note: this product is RAW and must be cooked according to instructions before serving. Approx. 454 kcal per kiev.
JTP-B1	Steak, Mushroom and Ale Puddings 390g 1 x 8	 Ready-baked, traditional, crisp, suet pudding with tender steak and mushrooms in a rich, meaty, real ale gravy, offering generous plate coverage (approx. 390g each). Microwave reheat from frozen in around 9 mins (1000W) without any deterioration in quality or appearance. Approx. 1119 kcal per pudding.

JTP-B2	Steak and Kidney Puddings 390g	 Ready-baked, traditional, crisp suet pudding with lean, diced beef and kidney in a classic rich, meaty gravy, offering generous plate coverage (approx. 390g each). Microwave reheat from frozen in around 9 mins (1000W) without any deterioration in quality or presentation. Approx. 1299 kcal per pudding.
KKPM14A	Cooked Pork Meatballs 14g (3kg) 1 x 1	 Ready-cooked, lightly seasoned prime pork meatballs made with 80% Red Tractor Certified British pork. Salt content achieves PHE 2024 Target. Approx. 44 kcal per meatball.
MS1672	Gluten-free Brie and Red Onion Tarts 180g 1 x 10 VEGETARIAN	 Gluten-free cheddar and chive pastry tart, filled with a brie and cheddar sauce topped with red onion compôte. Suitable for vegetarians and coeliacs. NB. This product may be eaten cold from defrost but for maximum product satisfaction and performance we recommend serving hot. Approx. 452 kcal per tart.
MSMVTART	Mediterranean Vegetable Tarts 160g 1 x 12 VEGAN	 Ready-to-bake tartlet with a tomato and pepper filling, topped with red pepper, yellow pepper, courgette and cherry tomatoes, in a golden, parsley-flecked shortcrust case. Suitable for vegetarians and vegans. Approx. 381 kcal per tart.
MSQS020	Quiche Lorraine pre-cut 12ptn 1 x 1	 11" diameter, pre-sliced quiche made with egg, bacon and mature Cheddar cheese encased in shortcrust pastry. Serve hot or thaw and serve cold. Approx. 221 kcal per 100g slice.

MSQS021	Cheese and Onion Quiche pre-cut 12ptn 1 x 1 VEGETARIAN	 11" diameter, pre-sliced quiche made with egg, onion, spring onion and mature Cheddar cheese encased in shortcrust pastry. Serve hot or thaw and serve cold. Suitable for vegetarians. Approx. 213 kcal per 100g slice.
MSQS022	Tomato and Basil Quiche pre-cut 12ptn 1 x 1	 11" diameter, pre-sliced quiche made with egg, diced tomato and basil encased in shortcrust pastry. Serve hot or thaw and serve cold. Suitable for vegetarians. Approx. 209 kcal per 100g slice.
MSQS023	Spanish Style Quiche pre-cut 12ptn 1 x 1	 11" diameter, pre-sliced quiche made with egg, sweetcorn, red and green peppers encased in shortcrust pastry. Serve hot or thaw and serve cold. Suitable for vegetarians. Approx. 208 per 100g slice.
MSQS024	Cheese & Broccoli Quiche pre-cut 12ptn 1 x 1	 11" diameter, pre-sliced quiche made with egg, broccoli and mature Cheddar cheese encased in shortcrust pastry. Serve hot or thaw and serve cold. Suitable for vegetarians. Approx. 211 kcal per 100g slice.
MSQS025	Mediterranean Style Quiche pre-cut 12ptn 1 x 1	 11" diameter, pre-sliced quiche made with egg, red and yellow peppers and courgette encased in shortcrust pastry. Serve hot or thaw and serve cold. Suitable for vegetarians. Approx. 209 kcal per 100g slice.

MSQW020	Menuserve Quiche Lorraine 11" 1 x 1	 11" diameter, whole quiche made with egg, bacon and mature Cheddar cheese encased in shortcrust pastry. Approx. 12 ptns per quiche/100g per ptn. Serve hot or thaw and serve cold. Approx. 221 kcal per 100g slice.
MSQW021	Cheese and Onion Quiche 11" 1 x 1 VEGETARIAN	 11" diameter, whole quiche made with egg, onion, spring onion and mature Cheddar cheese encased in shortcrust pastry. Approx. 12 ptns per quiche/100g per ptn. Serve hot or thaw and serve cold. Suitable for vegetarians. Approx. 213 kcal per 100g slice.
MSQW022	Menuserve Tomato and Basil Quiche 11" 1 x 1 VEGETARIAN	 11" diameter, whole quiche made with egg, diced tomato, basil and mature Cheddar cheese encased in shortcrust pastry. Approx. 12 ptns per quiche/100g per ptn. Serve hot or thaw and serve cold. Suitable for vegetarians. Approx. 209 kcal per 100g slice.
MSQW023	Spanish Style Quiche 11" 1 x 1 VEGETARIAN	 11" diameter, whole quiche made with egg, sweetcorn, red and green peppers encased in shortcrust pastry. Approx. 12 ptns per quiche/100g per ptn. Serve hot or thaw and serve cold. Suitable for vegetarians. Approx. 208 kcal per 100g slice.
MSQW024	Cheese and Broccoli Quiche 11" 1 x 1 VEGETARIAN	 11" diameter, whole quiche made with egg, broccoli and mature Cheddar cheese encased in shortcrust pastry. Approx. 12 ptns per quiche/100g per ptn. Serve hot or thaw and serve cold. Suitable for vegetarians. Approx. 211 kcal per 100g slice.

	MSQW025	Mediterranean Style Quiche 11" 1 x 1 VEGETARIAN	 11" diameter, whole quiche made with egg, red and yellow peppers and courgette encased in shortcrust pastry. Approx. 12 ptns per quiche/100g per ptn. Serve hot or thaw and serve cold. Suitable for vegetarians. Approx. 209 kcal per 100g slice. 	
	MSTGBTART	Tomato, Goat's Cheese and Basil Tarts 160g 1 x 12	 Ready-to-bake tartlet with a light egg, mature Cheddar, mozzarella, sun-dried tomato and basil filling, topped with creamy goat's cheese sprinkled with chives, all in golden, parsley- flecked shortcrust pastry. Suitable for vegetarians. Approx. 480 kcal per tart. 	
	PF6027372	Foodservice Pork Pies 140g 1 x 16	 Traditional, hot water pastry pie with a seasoned, uncured pork filling. Ready to eat from defrost. Defrosted shelf-life = 2 days (chilled). Approx. 260 kcal per pork pie. 	
	F	ast Food		

Framptons • Ready-cooked, round-shaped, light, Free Range fluffy omelette, specifically designed to fit a muffin/burger bun **Muffin Omelettes** (approx. 91mm diam. when heated). **50g** • Made with British Lion free-range FSCV213 eggs. 1 x 50 • Suitable for vegetarians. • Approx. 87 kcal per omelette. **VEGETARIAN** • Fully-cooked and seasoned 4oz/quarter pounder* burger. Flame Cooked • 85% beef burger with added GS901342 4oz* Beef textured soya and wheat protein. *Raw weight approx. 4oz (113.5g) / **Burgers** cooked weight approx. 3.2oz (90g). • Approx. 271 kcal per burger. 2 x 24 (case splitable)





GS901346





Flame Cooked Sausage Patties 55g*

2 x 2.2kg (case splitable)

- Fully-cooked, herby pork sausage patty with added textured soya protein.
- Suitable for coeliacs.
- *Raw weight approx. 55g / cooked weight approx. 45g.
- Approx. 152 kcal per patty.









Flame Cooked 6oz* Beef **Burgers**

2 x 16 (case splitable)

- Fully-cooked and seasoned 6oz* burger.
- 85% beef with added textured soya and wheat protein.
 - *Raw weight approx. 6oz (170g) / cooked weight approx. 5.4oz (135g).
- Approx. 421 kcal per burger.





GS901372





Flame Cooked **BBQ Pork** Ribsteaks 92g

2 x 1.84kg

(case splitable)

- Fully-cooked, chopped and shaped pork with a smoky, sweet/sharp BBQ flavour seasoning and added textured soya protein.
- Approx. 276 kcal per ribsteak.





GS902027





Flame Cooked 2oz* Beef **Burgers**

2 x 2.28kg (case splitable)

- Fully-cooked and seasoned 2oz* burger.
- 85% beef with added textured soya protein. *
 - *Raw weight approx. 72g / cooked weight approx. 57g.
- Approx. 169 kcal per burger.





GS958508





Flame Cooked Mesquite **Chicken Wings** 2.5kg

2 x 1 (case splitable)

- Flame-cooked mix of mid- and endwings coated in a slightly sweet, spicy mesquite glaze.
- IQF for ease of use and flexibility.
- Approx. 192 kcal per 100g.

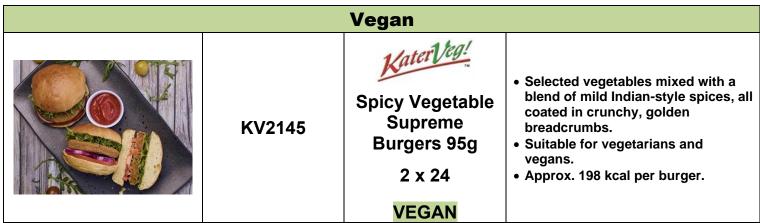
GS959030	Slow Cooked BBQ Pulled Pork 85g 1 x 30	 Ready-cooked, individual portions of shredded/pulled pork (75%) in a tangy, sweet/smoky barbecue sauce, ideal for use as a filling in sandwiches/baguettes/burgers etc. Offering zero wastage and perfect portion control, just heat, snip and use! Approx. 147 kcal per portion.
GS959035	Beechwood Smoked Gourmet Pork Hotdogs 90g 6 x 8 (case splitable)	 Fully-cooked, high quality pork sausage with a slightly smoky / mild spicy flavour, filled in a natural sheep casing. Can be served in free branded paper lined cardboard trays supplied in case. Approx. 230 kcal per hot dog.
GVFBBQCW Gilcken Wings	BBQ Chicken Wings 1kg - Halal 5 x 1 (case splitable)	 Specially selected chicken wings, coated in a smoky barbecue flavoured marinade and roasted. Halal approved. Approx. 62 kcal per wing.
GVFBCB114	Gilden Valley Breaded Chicken Burgers 114g 1 x 24	 Lightly seasoned, chopped and formed chicken breast meat burger, in a crispy breadcrumb coating (approx. 114g each). Approx. 235 kcal per burger.
GVFFCN22S	Battered Chicken Nuggets 22g (2kg) 1 x 1	 Irregular shaped, chopped and formed chicken breast meat nuggets in a light, crisp, garlic-free batter (approx. 22g each). Packed 2 x 1kg. Halal approved. Approx. 51 kcal per nugget.

GVFFCS85S	Battered Chicken Steaks 85g 1 x 24	 Oval-shaped, all-breast meat chicken steak coated in a light, crisp, garlic-free batter. Packed 2 x 12. Halal-approved. Approx. 180 kcal per steak.
GVFGF01	Gluten-free Breaded Chicken Chunks 2kg 1 x 1 GLUTEN FREE	 Generously sized chunks, portioned from 100% chicken breast fillet, covered in a thin, crispy, gluten-free breadcrumb coating (approx. 32g each). Suitable for coeliacs. Approx. 30 x chunks per 1kg bag/60 x chunks per case. Please note: this product is RAW and must be cooked according to instructions before serving. Approx. 58 kcal per chunk.
GVFGF02	Gluten-free Breaded Chicken Goujons Plain 2kg 1 x 1 GLUTEN FREE	 Goujons portioned from 100% chicken breast fillet covered in a thin, crispy, gluten-free breadcrumb coating (approx. 40g each) Suitable for coeliacs. This product is of natural proportion; piece count will be approx. 25 x goujons per 1kg/50 x goujons per case. Please note: this product is RAW and must be cooked according to instructions before serving. Approx. 82 kcal per goujon.
GVFGF03	Gluten-free Breaded Chicken Goujons Southern Fried 2kg 1 x 1 GLUTEN FREE	 Goujons portioned from 100% chicken breast fillet in a gluten-free Southern-fried flavour breadcrumb coating (approx 40g each). Suitable for coeliacs. This product is of natural proportion; piece count will be approx. 25 x goujons per 1kg/50 x goujons per case. Please note: this product is RAW and must be cooked according to the instructions before serving. Approx. 76 kcal per goujon.

GVFRHSCWA Mortispicy Chicken Wings	Hot 'n' Spicy Chicken Wings 1kg 6 x 1 (case splitable)	 Specially selected chicken wings, coated in a sweet, tangy, hot 'n' spicy marinade. Approx. 60 kcal per wing.
KB1263	XalerBake Apple Fry Pies 78g 1 x 40 VEGAN	 Rectangular, hand-held pie with a lightly glazed, crisp, flaky pastry and a subtly spiced apple filling. Packed 2 x 20. Case also contains 40 x cardboard sleeves for serving hot Apple Pies. Suitable for vegetarians and vegans. As the filling will be very hot, please allow the apple fry pie to stand for 10-15 mins before serving. Approx. 172 kcal per pie.

Accompaniments			
EC05763	e Sential CUISING Our passion. Your creation. Diane Sauce 75g 1 x 25 GLUTEN FREE VEGETARIAN	 Individual serving sachet. Rich, creamy mushroom sauce, made with brandy and Dijon mustard. Suitable for vegetarians and coeliacs. Defrosted shelf-life = 7 days (chilled). Approx. 74 kcal per sachet. 	
EC05767	e%ential CUISINE Our passion. Your creation. Peppercorn Sauce 75g 1 x 25 GLUTEN FREE	 Individual serving sachet. Rich, creamy peppercorn sauce, made with beef bouillon and brandy. Suitable for coeliacs. Defrosted shelf-life = 7 days (chilled). Approx. 50 kcal per sachet. 	

EC09648	e ential CUISINE Our passion. Your creation. Hollandaise Sauce 75g 1 x 25 GLUTEN FREE VEGETARIAN	 Individual serving sachet. Thick, creamy, buttery, lemony Hollandaise sauce, with a rich, velvety texture. Made with free- range eggs. Defrosted shelf-life = 7 days (chilled). Suitable for vegetarians and coeliacs. Approx. 185 kcal per sachet.
EC09659	e ential CUISINE Our passion. Your creation. Blue Cheese Sauce 75g 1 x 25 VEGETARIAN	 Individual serving sachet. éhick, creamy, blue cheese sauce, also containing full fat soft cheese, Mature Cheddar and double cream. Defrosted shelf-life = 7 days (chilled). Suitable for vegetarians and coeliacs. Approx. 173 kcal per sachet.
EC09660	e ential CUISINE Our pression. Your creation. Béarnaise Sauce 75g 1 x 25 GLUTEN FREE VEGETARIAN	 An individual serving sachet of thick, creamy, buttery, lemony Béarnaise sauce, with tarragon and onions. Defrosted shelf-life = 7 days (chilled). Suitable for vegetarians and coeliacs. Approx. 184 kcal per sachet.
KK99002	Black Pudding - Sliced 42g 1 x 60	 Traditional black pudding with oatmeal and barley, ready sliced for convenience and portion control (approx. 42g / 7cm diam. each slice). Approx. 87 kcal per slice.



KV2156	Vegetable Nuggets 18g (2kg) 1 x 1 VEGAN	 Mixed vegetables (carrots, sweetcorn, green beans, cauliflower and potato) chopped, seasoned and coated in crisp, golden breadcrumbs. Suitable for vegetarians and vegans. Halal approved. Approx. 35 kcal per nugget.
KV2159A	Spicy Beanburgers (uncoated) 114g 1 x 24 VEGAN	 Uncoated vegetable burger made with red kidney beans, carrots, onion and green peppers, with a mild curry seasoning. Suitable for vegetarians and vegans. Halal approved. Approx. 237 kcal per beanburger.
KV2160A	Gluten-free Vegan Vegetable Burgers (uncoated) 90g 1 x 36 GLUTEN FREE VEGAN	 Lightly seasoned, uncoated vegetable burger with potato, carrots, peas, onion and rice. Free from all 14 declarable allergens. Suitable for vegetarians, vegans and coeliacs. Halal approved. Approx. 131 kcal per burger.
KV2163A	Vegetable Sausages 50g 1 x 48	 Lightly seasoned vegetables, including carrot, potato, peas, peppers, onion and sweetcorn coated in a light, crisp batter. Suitable for vegetarians and vegans. Halal approved. Approx. 104 kcal per sausage.

KV2164	Spicy Beanburgers – (coated) 100g 1 x 24	 Mix of red kidney beans, carrot, onion and green peppers with a mild, Mexican-style flavoured seasoning, all coated in crisp, golden breadcrumbs. Suitable for vegetarians and vegans. Halal approved. Approx. 205 kcal per burger.
KV21665P	Unbaked Vegan Sausage Rolls 4" (65g) 1 x 48	 Unbaked, ready-glazed vegan sausage roll with a herby, textured pea protein based filling wrapped in flaky puff pastry. Packed 3 x 16. Suitable for vegetarians and vegans. Approx. 134 kcal per roll.
KV2515A	Gluten-free Vegetable Burgers 63g 1 x 48 GLUTEN FREE VEGAN	 Seasoned vegetables and beans, coated in gluten-free breadcrumbs. Salt levels below PHE 2024 Targets. Source of fibre, low saturated fat and low sugar. Free from all 14 declarable allergens. Suitable for vegetarians, vegans and coeliacs. Approx. 137 kcal per roll.
KVVB113R	Vegan Quarterpounders 113g 1 x 24	Seasoned plant-based burgers made with textured EU soya protein and onion. High protein Low sugar Source of fibre Salt below PHE 2024 Targets. Suitable for vegetarians and vegans. Approx. 228 kcal per quarterpounder.

KVVB28	Vegan Bangers 28g 1 x 60 VEGAN	 Lightly seasoned, skinless vegan sausages made with textured, EU soya protein and onion (approx. 28g each). NOT pre-fried. Palm oil-free. High protein Low sugar Source of fibre Salt below PHE 2024 Targets Suitable for vegetarians and vegans. Approx. 46 kcal per banger.
KVVM101	Vegan Mince 1kg 10 x 1 a (case splitable) GLUTEN FREE VEGAN	 Gluten-free and vegan seasoned soya mince made with textured, EU soya protein. Add to your favourite sauce from frozen, simmer for 10-12 mins and serve. IQF for ease of use and portion control. No pre-browning required. High protein Low fat (inc. sat fat) Low sugar Source of fibre Salt below PHE 2024 Targets Suitable for vegetarians, vegans and coeliacs. Approx. 143 kcal per 100g.
KVVM15	Vegan Meatballs 14g (1.5kg) 1 x 1 GLUTEN FREE VEGAN	 Lightly seasoned, juicy vegan and gluten-free meatballs made with soya protein. Ideal for pasta sauces, pizza toppings, sub-roll fillings etc. High protein, low sat fat, low sugar, source of fibre, salt below PHE 2024 Targets. Suitable for vegetarians, vegans and coeliacs. Approx. 19 kcal per meatball.
KVVS50	Vegan Sausages 50g 1 x 40 GLUTEN FREE VEGAN	 Lightly seasoned, skinless, vegan and gluten-free sausages made with textured, EU soya protein and onion. NOT pre-fried. High protein, low sat fat, low sugar, source of fibre, salt below PHE 2024 Targets. Suitable for vegetarians, vegans and coeliacs. Approx. 86 kcal per sausage.

KVVSR15	Unbaked Vegan Sausage Rolls 1.5"(15g) 1 x 200 VEGAN	 Unbaked, ready-glazed mini vegan sausage rolls with a herby, textured pea protein based filling wrapped in flaky puff pastry. Packed 4 x 50. Suitable for vegetarians and vegans. Approx. 36 kcal per roll.
KVVSR6P	Unbaked Vegan Sausage Rolls 6" (100g) 1 x 40	 Unbaked, ready-glazed vegan sausage roll with a herby, textured pea protein based filling wrapped in flaky puff pastry. Packed 2 x 20. Suitable for vegetarians and vegans. Approx. 210 kcal per roll.
SFTK2080	[SHICKEN]* Tikka Kebab Skewers 80g 2 x 10 (case splitable) VEGAN	 Plant-based, meat-free 'chicken' pieces in a medium spiced vegan tikka marinade, threaded onto a biodegradable bamboo skewer. Suitable for vegetarians and vegans. Approx. 165 kcal per skewer.
V	egetarian	
KV2155	Vegetable Kievs 125g 1 x 12 VEGETARIAN	 Vegetable-based Kiev made with carrots, green beans, cauliflower and sweetcorn, with a cheese and garlic sauce filling, all coated in crisp golden breadcrumbs. Suitable for vegetarians. Halal approved. Approx. 286 kcal per kiev.
KV2158	Vegetable and Cheese Country Bakes 110g 1 x 20 VEGETARIAN	 Mixed garden vegetables (green beans, sweetcorn, carrot, potato and onion) with medium mature Cheddar cheese, all coated in crisp, golden breadcrumbs. Suitable for vegetarians. Halal approved. Approx. 224 kcal per bake.



KV21668A



Unbaked Cheese Onion Rolls 4" (65g)

1 x 48

VEGETARIAN

- Ready-glazed, unbaked puff pastry cheese and onion roll, filled with real Cheddar and red Leicester cheeses.
- Packed 3 x 16.
- Suitable for vegetarians.
- Approx. 142 kcal per roll.

Desserts



MSBFR2



Black Forest Roulades 10ptn

1 x 2

GLUTEN FREE VEGETARIAN

- · Hand-rolled and finished soft, chocolate-flavoured meringue roulade, filled with a layer of chocolate flakes, home-made black cherry sauce with Kirsch and dairy cream, all dusted with sugar.
- Free-from wheat and gluten.
- Suitable for vegetarians and coeliacs.
- Approx. 170 kcal per 60g slice.



MSBR02

Banoffee Roulades 10ptn

VEGETARIAN



1 x 2

GLUTEN FREE

- Hand-rolled and finished soft toffee meringue, filled with home-made toffee and banana purée and dairy cream.
- Free-from wheat and gluten.
- Suitable for vegetarians and coeliacs.
- Approx. 194 kcal per 60g slice.



MSDDAP12



Deep Dish Apple Pie pre-cut 12 ptn

1 x 1

- Pre-sliced deep dish apple pie encased in golden shortcrust pastry, dusted with sweet sugar snow.
- Suitable for vegetarians.
- Defrosted shelf-life = 4 days (chilled).
- Approx. 401 kcal per slice.

VEGETARIAN

		T	
	MSGFVCCA	Gluten-free Vegan Chocolate and Cherry Dessert pre-cut 14ptn 1 x 1 GLUTEN FREE	 Gluten-free and vegan crunchy chocolate biscuit base, topped with a smooth, rich chocolate and cherry gluten-free and vegan cream 'cheeze', finished with an indulgent dark chocolate ganache. Suitable for vegetarians, vegans and coeliacs. Defrosted shelf-life = 3 days (chilled). Please Note: Although every care is taken to remove cherry stones, some may remain. Approx. 307 kcal per slice.
		VEGAN	
	MSLR02	Menuserve Lemon Roulades 10ptn 1 x 2 GLUTEN FREE VEGETARIAN	 Hand-rolled and finished soft meringue roulade, filled with homemade lemon curd (made with Sicilian lemon juice) and real dairy cream. Free-from wheat and gluten. Suitable for vegetarians and coeliacs. Approx. 206 kcal per 60g slice.
C Prosect	MSPSR2A	Strawberry & Prosecco Roulades 10ptn 1 x 2 GLUTEN FREE VEGETARIAN	 Hand-rolled and finished soft meringue roulade, filled with homemade strawberry compôte and whipped, real Prosecco flavoured dairy cream. Free from wheat and gluten. Suitable for vegetarians and coeliacs. Approx. 163 kcal per 60g slice.
	MSRHR2	Raspberry and Hazelnut Roulades 10ptn 1 x 2 GLUTEN FREE VEGETARIAN	 Hand-rolled and finished soft meringue, filled with home-made raspberry sauce and whipped, real dairy cream, all topped with nibbed hazelnuts. Free-from wheat and gluten. Suitable for vegetarians and coeliacs. Approx. 184 kcal per slice.

		T
MSRP01	Raspberry Pavlova 12ptn 1 x 1 GLUTEN FREE VEGETARIAN	 Hand-piped meringue pavlova. Topped with a layer of home-made raspberry jam, whipped dairy cream, lots of fresh raspberries; all edged with 12 mini meringue shells to help with portioning. Free-from wheat and gluten. Suitable for vegetarians and coeliacs. To maintain optimal visual appearance, please serve within 4 hrs of defrost. Approx. 197 kcal per portion.
MSWCRR2	Raspberry and White Chocolate Roulades 10ptn 1 x 2 GLUTEN FREE VEGETARIAN	 Hand-rolled and finished soft meringue roulade, filled with homemade raspberry jam, whipped, real dairy cream and white chocolate pieces. Free-from wheat and gluten. Suitable for vegetarians and coeliacs. Approx. 213 kcal per slice.
FR-135-007 TP40001	Tipiak Heart Shaped Macarons 1 x 20 GLUTEN FREE VEGETARIAN	 Authentic, gluten-free heart-shaped macarons made with ground almonds, sugar and egg whites, and using only natural colours and flavours (approx. 15g each). 10 of each flavour per case: Chocolate Strawberry Suitable for vegetarians and coeliacs. Approx. 67 kcal per macaron.
FR-135-005 TP9303	Pop Macarons Fruits 1 x 36 GLUTEN FREE VEGETARIAN	Authentic, gluten-free French macarons with bold fruit flavours and contrasting lacing decoration, 6 of each variety: 6 x Blackcurrant 6 x Lemon-Yuzu 6 x Morello cherry 6 x Coconut 6 x Passion fruit 6 x Apricot Suitable for vegetarians and coeliacs. Approx. 47 kcal per macaron.





TP9307



French **Macarons**

1 x 36

GLUTEN FREE

VEGETARIAN

- Finest, gluten-free French macarons; 6 of each variety:
 - Chocolate
 - Raspberry
 - Lemon
 - Salted caramel
 - o Vanilla
 - o Pistachio
- Suitable for vegetarians and coeliacs.
- Approx. 49 kcal per macaron.







Chocolate Pecan Brownies 48g

1 x 18

GLUTEN FREE VEGETARIAN

- Individually-wrapped.
- Rich, indulgent dark chocolate brownie topped with pecan nut pieces.
- Wheat, gluten and milk-free.
- Suitable for vegetarians and coeliacs.
- Defrosted shelf-life = 28 days.
- Approx. 232 kcal per brownie.







WLC0621 love .



Cranberry and **Pecan Flapjacks 50g**

1 x 18

GLUTEN FREE VEGAN

- Individually wrapped.
- Syrupy flapjack made with glutenfree oats, dried cranberries and pecans, studded with sunflower and pumpkin seeds.
- Wheat, gluten and milk-free.
- Suitable for vegetarians, vegans and coeliacs.
- Defrosted shelf-life = 28 days.
- Approx. 225 kcal per flapjack.









Nutty Fruit Cake Slices 50g

1 x 18

GLUTEN FREE VEGETARIAN

- · Individually wrapped.
- Rich, moist, fruit cake slice made with sultanas, raisins, glace cherries and dates, topped with flaked, toasted almonds.
- Wheat, gluten and milk-free.
- Suitable for vegetarians and coeliacs.
- Defrosted shelf-life = 28 days.
- Approx. 200 kcal per slice.







Apricot Macaroon Slices 60g

1 x 18

GLUTEN FREE VEGETARIAN

- · Individually wrapped.
- Crumbly shortbread base layered with a sticky, fruity apricot and sultana filling, finished with a toasted, coconut macaroon style topping.
- Wheat, gluten and milk-free.
- Suitable for vegetarians and coeliacs.
- Defrosted shelf-life = 21 days.
- Approx. 269 kcal per slice.







Apple and Elderflower Slices 52g

1 x 18



- · Individually wrapped.
- Moist crumble cake, made with gluten-free oats, with a sweet apple filling subtly flavoured with elderflower.
- Wheat, gluten and milk-free.
- Suitable for vegetarians, vegans and coeliacs.
- Defrosted shelf-life = 14 days.
- Approx. 213 kcal per slice.







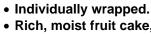


Iced Fruitcake Slices 66g

1 x 18

GLUTEN FREE

VEGETARIAN



- Rich, moist fruit cake, made with sultanas, raisins, glace cherries, almonds, dates and mixed peel, all topped with a layer of marzipan and white icing.
- Wheat, gluten and milk-free.
- Suitable for vegetarians and coeliacs.
- Defrosted shelf-life = 28 days.
- Approx. 266 kcal per slice.







Double Chocolate Brownies 53g

1 x 18

GLUTEN FREE VEGETARIAN

- Individually wrapped.
- Rich chocolate brownie studded with dark chocolate chips.
- Wheat, gluten and milk-free.
- Suitable for vegetarians and coeliacs.
- Defrosted shelf-life = 28 days.
- Approx. 260 kcal per brownie.



VEGETARIAN







WLC7654





Lemon Tarts 75g

1 x 12

GLUTEN FREE VEGAN



- Sweet pastry case filled with a lemon flavoured 'curd', finished with sugar dusting.
- May also be used as a plated dessert.
- · Wheat, gluten and milk-free.
- Suitable for vegetarians, vegans and coeliacs.
- Defrosted shelf-life = 28 days.
- Approx. 351 kcal per tart.







WLC7656

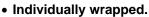




Chocolate and **Salted Caramel** Tarts 85g

1 x 12

GLUTEN FREE VEGAN



- Chocolate pastry case filled with a layer of salted caramel and chocolate ganache, finished with nibbed hazelnuts.
- May also be used as a plated dessert.
- Wheat, gluten and milk-free.
- Suitable for vegetarians, vegans and coeliacs.
- Defrosted shelf-life = 28 days.
- Approx. 413 kcal per tart.







WLC7670

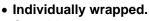




Mince Pies 80g

1 x 12





- Crumbly shortcrust pastry case filled with rich mincemeat, topped with a pastry star and sprinkled with a dusting of sugar snow.
- Wheat, gluten and milk-free.
- Suitable for vegetarians, vegans and coeliacs.
- Defrosted shelf-life = 28 days.
- Approx. 310 kcal per pie.







WLC7672





Pecan Tarts 78g

1 x 12

GLUTEN FREE VEGETARIAN

- Individually wrapped.
- Crumbly shortcrust pastry case filled with a rich toffee flavoured syrup and chopped pecans.
- May also be used as a plated dessert.
- Wheat, gluten and milk-free.
- Suitable for vegetarians and coeliacs.
- Defrosted shelf-life = 21 days.
- Approx. 381 kcal per tart.









Raspberry and **Almond Tarts** 90g

1 x 12

GLUTEN FREE VEGETARIAN

- Individually wrapped.
- Crumbly shortcrust pastry case filled with a light almond frangipane and raspberry jam, topped with flaked almonds and a light sugar
- May also be used as a plated dessert.
- Wheat, gluten and milk-free.
- Suitable for vegetarians and coeliacs.
- Defrosted shelf-life = 14 days.
- Approx. 426 kcal per tart.







WLC7674





Chocolate and **Orange Tarts** 85q

1 x 12

GLUTEN FREE VEGAN

- · Individually wrapped.
- Chocolate and orange tart made with a crumbly shortcrust pastry case filled with a rich, indulgent dark chocolate ganache subtly flavoured with orange, all dusted with sugar 'snow'.
- May also be used as a plated dessert.
- · Wheat, gluten and milk-free.
- Suitable for vegetarians, vegans and coeliacs.
- Defrosted shelf-life= 21 days.
- Approx. 407 kcal per tart.

Non-dairy Ice-cream Style Dessert



FFV06





Vanilla Non **Dairy Ice Cream** 900ml

6 x 1

(case splitable)

GLUTEN FREE VEGAN

- Non-dairy vanilla ice-cream, free from wheat, gluten, milk, eggs and
- Approx. x18 scoops per 900ml tub.
- Suitable for vegetarians, vegans and coeliacs.
- Kosher approved.
- Approx. 96 kcal per 50ml scoop.

images show serving suggestions



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